

CENTRE FOR CHILD AND FAMILY DEVELOPMENT

PSYCHOTHERAPEUTIC WORK WITH CHILDREN PARENTS AND YOUNG PEOPLE

Two-day Training Workshop Run by RUTH SCHMIDT NEVEN PhD
Clinical Psychologist and Child Psychotherapist

THURSDAY 15TH AND FRIDAY 16TH MARCH 2018

University of Melbourne, (Hawthorn Campus) Parking Available
442 Auburn Road, Hawthorn 3122 (Melways 59 E2)

This innovative two-day training replaces the Foundation Course and provides an intensive introduction to psychotherapeutic work with children, young people and their parents that utilises a modern psychodynamic approach. The approach focuses on:

- Time-limited therapy and counselling.
- Working within a meaning-making framework that demonstrates how children and young people 'speak' their families through their behaviour.
- A therapeutic process that gives children, parents and young people the practical and emotional tools to problem-solve future challenges.
- Engages with the capacity for health and growth not solely pathology.

YOUR PRESENTER:

Dr. Ruth Schmidt Neven has been a pioneer in child and family mental health over four decades in Australia and earlier in the UK. She has run her professional trainings throughout Australia for a variety of organisations including the Australian Psychological Society. Ruth's clinical and professional training has been acknowledged internationally.



Her Foundation Course training has been run at the University of Cambridge; her training on Attachment has been run for NScience in London and at the University of Stellenbosch in South Africa. Ruth's innovative approach to parent support and therapeutic engagement has also been presented in the United States at the Washington School of Psychiatry and at Peabody College at Vanderbilt University. Ruth's new approach to time-limited psychodynamic psychotherapy with children parents and young people has been presented for NScience in London to coincide with the publication of her latest book

Time-limited psychodynamic psychotherapy with children and adolescents: An interactive approach published by Routledge.

Ruth has published several clinical papers connected with her research and psychotherapeutic work. Her other books include *Core principles of assessment and therapeutic communication with children, parents and families*, *Rethinking ADHD* as principal author, and *Emotional Milestones: Development from birth to adulthood* which has been in continuous publication for over twenty years. Ruth has also published a book for parents *Growing Kids: Nurturing relationships from tots to teens*.

WHO SHOULD ATTEND

This intensive training will be most suitable for psychologists, doctors, social workers, early childhood practitioners, occupational therapists and nurses working in a mental health setting and teachers responsible for pupil wellbeing. Current work experience is a necessary requisite.

WHAT THE TRAINING OFFERS:

- Introduction to a modern psychodynamic approach
- Introduction to the principles of time-limited psychodynamic psychotherapy
- Understanding the developmental scaffold and the emotional milestones of development from birth to adolescence
- Understanding the importance of attachment
- Understanding the impact of separation, loss and trauma
- Developing assessment and case-management skills
- Ways of promoting therapeutic communication with children, parents and young people
- Opportunities for case discussion and application to your work setting

EARLY BOOKINGS ARE ADVISED

Limited places are available.

A detailed program will be sent to participants before the start of the course.

FEES FOR THE TWO-DAY COURSE:

\$580.00 (inc. GST – ABN: 38 866 270 874)

This includes the two-day Course, the book *Emotional Milestones*, by Ruth Schmidt Neven plus p&p, training materials, lunch, morning and afternoon tea. The full fee of \$580.00 must be sent with the registration form to secure a place. Full payment is due before the start of the Course.

Discounts available for more than one person attending from an organisation.

CONTINUING SUPERVISION AND SUPPORT

It is recognised that the best outcome for new learning is for it to be consolidated through ongoing supervision and support. The two-day training is therefore set up to link with a continuing supervision and support programme that will take place online as well as face to face. This will be available primarily through group support run by Dr. Ruth Schmidt Neven.

EARLY BIRD DISCOUNT

of \$20.00 before Thursday 15th February 2018
Amount Payable \$560.00 (inc. GST).

For further information, contact The Centre for Child and Family Development

P.O. BOX 14600 Middle Camberwell, Victoria 3124 Website centreforchildandfamily.com
Telephone (03) 9830 0422 Email ccfdau@ozemail.com.au

REGISTRATION FORM: PSYCHOTHERAPEUTIC WORK WITH CHILDREN PARENTS AND YOUNG PEOPLE

Name _____

Organisation _____

Address _____

_____ Post Code _____

Telephone () _____ Facsimile () _____

Email _____

I enclose the full workshop fee \$580.00 (including GST) _____ for (no. people) _____

EARLY BIRD DISCOUNT \$560.00 (including GST)

Discount available for 2 or more people from the same organisation. Fee includes the book *Emotional Milestones*

Please make all cheques payable to The Clinical Development Program and send with application form to:

Centre for Child and Family Development, P.O. BOX 14600 Middle Camberwell, Victoria 3124

ABN: 38 866 270 874